

**HOSTAGE
FREED FROM LIES**

The BIG Idea Team, Individual and Family Study Guide

Please take time to run through this study guide with your team, on your own, or with your family so that you can further apply and process the BIG Idea.

Big Idea:

The lies we tell to others and believe ourselves keep us from experiencing what God has intended for our lives.

Key Verse:

Read 2 Corinthians 10:3-5 (The Message)

The world is unprincipled. It's dog-eat-dog out there! The world doesn't fight fair. But we don't live or fight our battles that way—never have and never will. The tools of our trade aren't for marketing or manipulation, but they are for demolishing that entire massively corrupt culture. We use our powerful God-tools for smashing warped philosophies, tearing down barriers erected against the truth of God, fitting every loose thought and emotion and impulse into the structure of life shaped by Christ.

The Scoop:

We are all held hostage to lies. Whether it is a small lie to protect ourselves or others, planned deceit, or the many lies we believe for ourselves, we are in bondage. Most of us want to change, but we get caught up in a horrible cycle of promises that don't work out leading us toward failure, guilt and shame. We tend to believe that "it's just the way we are" and we can't change. We believe the lie that if God were going to change us, he would have done it already.

We tend to give up on ourselves and Him, thinking we are incapable of changing, but God is the only one who really knows what we are capable of. We wish for God to flip a heavenly switch and change us instantly whenever we ask. When it doesn't happen just as WE want, frustration sets in and we become captured by the lie that God can't, won't, and doesn't want to change us. As long as we believe this lie, we are unable to experience the good God has prepared for us.

1. What are some examples of lies in which we believe are okay?
2. Have you ever made a promise (to God or yourself) that you would make a significant change in your life? What motivated you? How did you feel?
3. What lies are holding you hostage? What steps can you take to be free?

What's Next? (take home/further processing/application)

What practical steps do you need to take on this journey of freedom and change? It is time to confess the lies you have believed and ask for help to make the changes God is asking you to make.

*Christ has set us free to live a free life. So take your stand! Never again let anyone put a harness of slavery on you.
Galatians 5:1 (The Message)*